



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 26th September

Help us grow our audience - LMC Distribution list

We would like to grow our LMC audience. If you know any GPs or PMs in your practice that don't receive this Brieflet and/or is not on our distribution list, please ask them to [get in touch with us!](#)

LMC Soapbox's

The LMC hosts monthly 1 hour drop-in sessions via Microsoft Teams for all Practice Managers and GPs across Lancashire & Cumbria.

The LMC soapbox is an opportunity for you to raise anything with your LMC, meet your representatives, hear about the services we can provide but most importantly, we would like to hear from you and how we can support you!

You are welcome to dip in and out - There is no requirement to stay the full hour.

You will receive posters via email with details of how to join the Soapbox for your area. Upcoming Soapbox's:

- Morecambe Bay: 5th October
- Fylde Coast: 6th October
- North Cumbria: 17th October
- Central Lancashire: TBC
- Pennine: TBC

Please [let us know](#) if you have any questions!

Rebuild General Practice Roadshow - GP expressions of interest

We are really excited to announce that our LMC has been chosen to host a Rebuild General Practice Roadshow! The aim of the roadshows are to identify promising GP advocates, support local GPs to take a more direct role in advocating for the future of the profession and to help foster a sense of unity within the profession.

Our LMC will work with the Rebuild General Practice team to host the roadshow, inviting GPs from across the Northwest who have an existing influence or an inclination to become public activists on behalf of the profession. There is no further commitment required other than to attend the meeting and keep an open mind regarding advocating for the profession in the future.

We are looking to select 10 GPs from across Lancashire & Cumbria to attend the roadshow which will take place on the 9th November, at the Marriott Hotel in Preston, 1-4pm. Lunch and refreshments will be provided.

If you would like to be considered as one of our delegates or if you want to know more, [please get in touch](#). You can also visit the [Rebuild General Practice website](#) for information on the work they have done so far.





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LIS LCC Contraception Contract Variation

The LMC has been made aware that a contract variation has been issued to practices for the Contraception LIS. This is as a result of a new fee structure, which has been agreed for the Contraception Lancs Wide Service. Unfortunately, the LMC were not consulted on these changes and although we are appreciative that some fees have been uplifted, any practice currently offering this service to patients from other practices will see a huge reduction in their fee. Practices will, therefore, need to decide whether it is still financially viable to continue providing this or not.

We acknowledge that the revised service specification is due to be effective from the 1st October and practices have been given a short time frame to sign the variation and return, so we have asked for an urgent meeting with the commissioning lead to discuss our concerns. We are awaiting a response and will update as soon as we can.

Free BMA membership for International Doctors

Recognising the vital contribution that international colleagues make to the health service and the unique challenges international doctors face when starting a new career in the UK, the BMA will be offering free BMA membership to [international doctors for their first year in the UK](#). The second year will be at a favourable rate of just £10.08 per month (first year post qualified, rate), and their third year £20.00 per month (second year post qualified, rate). This new membership can be selected via the online join form, under '[IMG new to the UK](#)' as a drop-down option in the concessions section.

Please share this information to any IMG GP trainees in your practice.

European definition of General Practice

The [WONCA Europe Council](#) has updated their [Definition of General Practice/Family Medicine](#). The 2023 revision focuses on important challenges for GPs related to One Health (an integrated approach to optimise the health of people, animals, and the environment), Planetary Health and Sustainable Development Goals. The statement defines the discipline of general practice / family medicine, the professional tasks of the family doctor and describes the core competencies required of GPs. It outlines what family doctors in Europe should be providing in the way of services to patients, so that patient care is of highest quality and cost effective. Read the [statement](#).

Good practice guidelines for GP electronic patient records

[The first batch of topics for version 5 of the good practice guidelines have been published](#). They are intended to be an easy to access reference source for those working with digital services in general practice, providing the information required to use digital tools and services effectively, safely and in accordance with the law and other national standards. Topics are being added to the website in batches so not all topics from this new version will be immediately available.

Deadline: Funding for Nursing Associates

The deadline for submitting applications to NHS England for financial support for Student Nursing Associate (SNA) places in general practice and primary care networks (PCNs) is Friday 29 September. Funding includes £8,000 employer grant per SNA and Apprenticeship levy funding up to £15,000. NHS England aims to help practices with finding a levy transfer for course costs. [PCNs can claim the SNA salary via the Additional Role Reimbursement Scheme](#). Enquiries can be sent to england.nationalnursingteam@nhs.net





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Undergraduate GP Placement Survey - evaluating the factors affecting the ability of GP Practices to host undergraduate medical students in England

Medical Schools across the UK are currently struggling to identify adequate placement providers in General Practice. This survey aims to identify the factors which affect a practices' decision to host undergraduate medical students. It is fully anonymous and should take no longer than 5 minutes to complete. The data collected will be used by medical schools in the UK to identify drivers and barriers to medical student placements in General Practice. This will allow them to tailor placement requirements appropriately and identify strategies to help interested practices overcome potential barriers.

If you are interested in participating, please read the [Participant Information](#) Sheet and, if happy to continue, complete the online survey [here](#).

LMC Support & Development Service – [get in touch](#).

DID YOU KNOW?

The LMC offer **the Support & Development Service** which is a free, confidential, peer/pastoral service for all GPs and Practice Staff across Lancs and Cumbria. This service is provided by GPs and Practice Managers.

It provides a professional friend to support you through any issue you may be facing such as:

- Mental health - stress, general unhappiness, burn-out etc (For GPs only)
- Work through any problem or potential opportunity you feel you have
- Move forward with personal and career goals
- Manage transitions positively
- Build your confidence
- Improve your work life balance
- Achieve your aspirations

A confidential chat with an empathetic colleague, with no bestowed interest, could make a huge positive difference to keep you in control of potential issues and/ or to keep you enthusiastic about your work. Whether you need support or a challenge to develop further, our service offers the opportunity for you to receive this from our list of mentors.

[Get in touch to find out more!](#)

